

CONSIDER AND ASSESS

The person's understanding of their world and their understanding of death.

**Thoughts,
feelings & beliefs
opposing suicide**

L M H

Present feelings & thoughts, mood state

ideation - frequency - intensity -
depression - hopelessness -
helplessness - anger -
(internal/external)
alienation -
heightened
anxiety -

L M H

**Openness to
other solutions
& coping
strategies**

L M H

**Seriousness of
present plan/
behaviour
& past
attempts**

past incidents, number -
intent -
impulsiveness -
lethality -
likelihood of discovery -
alcohol/drugs -
present planning -
intent -
impulsiveness -
lethality -
access to means -
chance of discovery -
alcohol/drugs -

L M H

**Available social
supports**

availability —
willingness to
access —

L M H

**Coming events
that may
increase
risk**

eg. changes, anniversaries,
court hearings etc.

L M H

Anything else?

eg. health problems, mental/physical,
past/present for self _____ for family _____
risk events in their life situation _____

L M H

SUMMARY OF RISK:

LOW MEDIUM HIGH

When should risk be re-assessed? _____ Who was consulted? _____

Name: _____ DOB: _____ Date: _____



**SUICIDE
PREVENTION**